

hot + fresh breakfast

bacon + egg + cheese croissant

\$4.60 | 540 cal

turkey sausage + egg + cheese croissant

\$4.60 | 680 cal

egg + cheese croissant

\$4.60 | 600 cal



extras

buttered grits (12oz)

\$2 | 140 cal

oatmeal (12oz)

\$2 | 320 cal

sensational smoothies

frozen strawberry lemonade

strawberries, lemon | 16 oz. | \$4.39 | 380 cal

peaches 'n cream

peaches, strawberries, banana, almond milk,
greek non-fat yogurt | 16 oz. | \$4.39 | 370 cal

mango tango

mango, pineapple, banana, almond milk,
greek non-fat yogurt | 16 oz. | \$4.39 | 300 cal

big muscle stack

strawberries, peanut butter, banana, almond milk,
greek non-fat yogurt | 16 oz. | \$5.95 | 510 cal



hand-crafted sandwiches

+ add a 12oz
soup of the day

+\$3

chicken salad

Chicken salad, lettuce, tomato, croissant
\$7.00 | 490 cal

turkey and swiss

turkey, swiss, texas toast
\$6.25 | 580 cal

classic club

ham, bacon, turkey, cheddar, lettuce, tomato, texas toast
\$7.00 | 490 cal

ruben

Comed beef, sauerkraut, thousand island,
marble rye | \$6.25 | 580 cal

tuna salad

tuna, lettuce, tomato, croissant | \$7.00 | 590 cal





CELEBRATING



BLACK
HISTORY
MONTH

Fried Chicken 2/6/25

Chicken & Shrimp Gumbo 2/13/25

Chicken & Dumplings 2/20/25

Smothered Pork Chop 2/27/25

2/3/25



\$8

beef cheesesteak

cheese, grilled
peppers & onions

430-555 cal.

Sides

Fruit salad

Jojo's

Pasta salad

Garden salad

chicken cheesesteak

cheese, grilled peppers &
onions

420-500 cal.

cal. 140

cal. 380

cal. 360

cal. 160

2000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

2/4/25

\$8

VERDE

 Fresh Latin Kitchen

Nacho

SELECT YOUR PROTEIN

| | |
|---------|----------|
| beef | cal. 430 |
| chicken | cal. 310 |

SELECT YOUR TOPPINGS

- Shredded cheese
- Shredded lettuce
- Jalapeno
- Salsa
- Sour cream
- Rice
- Queso cheese
- Pico
- Guacamole
- Beans

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

2/5 & 2/6/25



\$8

beef cheesesteak

cheese, grilled
peppers & onions

430-555 cal.

Sides

Fruit salad

Jojo's

Pasta salad

Garden salad

cal. 140

cal. 380

cal. 360

cal. 160

chicken cheesesteak

cheese, grilled peppers &
onions

420-500 cal.

2000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

2/7/25

CHILLI DOG

beef chili and cheddar cheese

cal. 520

PLAIN DOG

build for the condiment bar

cal. 490

served with your choice :

garden salad

cal. 160

fruit salad

cal. 130

potato wedges

cal. 210

pasta salad

cal. 180

\$8 for 2

